



THE SELECTION PROCESS

1. Send your **CV** and a **cover letter** related to the project to candidates@vicolocorto.org
2. Then you **will be contacted for a Skype interview**. There is no need of speaking good English, in case you can ask your sending organization to help you. **Don't worry, it will not be a job interview or an English test** but it will be an opportunity to know your personal motivation and expectation and to discuss about the project, the city and the opportunities.

THE PROFILE OF THE VOLUNTEERS

The volunteer's profile our organization is looking for is based on the following criteria:

- **Personal motivations.** We value the volunteers' interest in the programme proposed and the expectation towards this experience more than specific skills: everything you need to do your service will be learnt here!
- **English and Italian level.** Italian or English are not needed, of course, a survival level will be helpful to get by in everyday needs, especially because you will be probably in touch with people who don't generally speak foreign languages. This experience is also your opportunity to improve your communication skills!
- **Interest in working with people.** Working with people is essential to our work. We also value creative, proactive and self-motivated people.



MORE ABOUT THE SELECTION PROCESS

VICOLOCORTO is the **Coordinating Organisation** taking care of the practical, follow-up, support and training arrangements **during your volunteering project**.

On the other side, **you will participate as volunteer within a Hosting Organisation** who will be in charge of all the issues referring your volunteering activities (holidays, tasks, schedule, follow-up, support, etc...).

As a very quick view, **Vicolocorto has more than 10 years experiences in the field of Mobility projects and Volunteering** and we have been coordinating more than 200 host volunteering mobilities so far. It is very important for us that you enjoy this opportunity to live an immense and intense learning journey. **We really need to underline some important points and really need you to know and agree with all the logistical points to avoid any misunderstanding once here.**

CAROLINA, will take care of the selection process.

Nice to meet you!

I will be the one writing to you on candidates@vicolocorto.org and we will get to know each other during a Skype interview. I am waiting to know your motivation and I am ready to answer to all your question!





MORE INFO BEFORE LEAVING

ACCOMMODATION

You have the opportunity to enjoy the volunteering life **in a flat with other volunteers**. Cleanliness is everyone's job. Volunteers are expected to reach an agreement on planning house cleaning. If you have problems finding an agreement, we help you and support you in finding a solution.

Sharing, we know, is not easy, it is even harder when you do not know the people you are living with, who have decided as you, to start this experience. But **flexibility, understanding** and most of all **communication** are the keys for having a positive experience, even if everything won't be perfect!

The lodging of anyone outside our project (friends, family, etc ...) is not allowed.

ATTITUDE

You will spend most of the time with different people (target groups, professionals, local volunteers, etc...) who are anxious to know you, to show you who they are and what they can do, to teach you at different levels, to give you warmth and their confidence. **The impact that you can bring as a volunteer is greater than you can expect.** You need to receive but also to give back. **Participation, initiative, sense of responsibility and flexibility** are important and welcome. From both parts (Coordinating and Hosting organisations), we hope to make you feel comfortable, empowered and proactive.

All the persons involved in the project are always trying their best to reach your expectations, if you show the willingness to do so.



WHERE?

CINGOLI



Cingoli is a small town of around 10.100 inhabitants located at 630 meters above sea level, in the province of Macerata in the Marche region.

Cingoli is a **medieval town** and it is also **known as the "Balcony of Marche"** ("Il Balcone delle Marche") because of its *belvedere* (viewpoint) from which, on a clear day, the sight may encompass all of the Marche and further across the Adriatic Sea. In being a small town in the Marche hills, it offers **a lot of opportunities to enjoy nature, hiking and day trips.**

Very close to Cingoli, for example, there is a **lake** where there are bars and restaurants and where you can relax on the beaches.





Croce Rossa Italiana
Comitato di Cingoli

Topic: Activities in the local Committee of the Red Cross

Number of volunteers hosted at the same time: 6

Type of project: Long-term

Place: Cingoli, Italy

CROCE ROSSA ITALIANA - COMITATO LOCALE DI CINGOLI



Support in the retirement home

Organisation of events

The Committee

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality*.

In particular, the **Croce Rossa Italiana - Comitato di Cingoli** was born as a Group of the Volunteers of the Red Cross of Macerata in 1993 and then recognised as a separate Committee in 1998. **It can count now on the support of around 403 volunteers among the three main cities in the area: Cingoli, Apiro and Monte San Vicino.** As regards the youth area, the Committee can count on a group of 90 youngsters, who organise a lot of activities in the area, especially projects and campaigns regarding responsible drinking.



Croce Rossa Italiana
Comitato di Cingoli



Activities with the elderly

Cooking at the Red Cross



Medical supplies distribution by
bike

Groceries distribution



Send your **CV** and a **cover letter** related to the project you like (both in English) to candidates@vicolocorto.org we will let you know if we have any vacancy good for you!

Tasks of the volunteers

The volunteers are involved in the activities organized by the Local Committee of Cingoli. **The volunteers WILL NOT be involved in emergency situations and WILL NOT deal with First Aid interventions.**

The volunteers will contribute to the following services:

- **Support the staff in transports** (day-to-day) of patients from hospitals, retirement homes, for people who need cures, medical support, dismissed by the hospital and returning home (THE MAIN ACTIVITY FOR STARTERS)
- **Medical supplies**, such as the project "PRONTO FARMACO" that consists in the **distribution and delivery of medications** from the pharmacy to the houses of people that cannot reach the pharmacy center, and also to the retirement house for elderly people (WHEN ASKED FROM THE PEOPLE)
- Support to the local Caritas for the **distribution of food to the people in need** (ONCE IN A WHILE DURING THE YEAR)
- **Support and assistance at sports events** (AROUND THE YEAR), such as football matches, handball matches, motocross, rally, cycling (WHEN REQUESTED ASSISTANCE)
- **Assistance at Verde Azzurro waterpark** (DURING SUMMER)
- **Training course FIRST AID** to be effectively a Red Cross volunteer (OCTOBER USUALLY)
- **"Calici dal Balcone"** (16th AUGUST): event organized by the Red Cross of Cingoli to promote **drinking responsibly** to all generations, from young people to adults. The Youth Group of the Red Cross of Cingoli will manage some activities and games based on showing the benefits of drinking responsibly.
- **"Fiera dei morti"** (2nd NOVEMBER): the whole Committee of the Red Cross of Cingoli will be there with activities like "Pesca di beneficenza" and others, organized by the Youth Group, and stands with food and beverage.

you can find us on social media! 